

Acupuncture Effectiveness for Crohn's Disease



Acupuncture and moxibustion have been known to be beneficial for those battling Crohn's disease. But, what's the science behind that? How do we know it really works. Well, a 2014 study published by Evidence-Based Complementary and Alternative Medicine sought to answer this question.

The study looks at moxibustion and acupuncture and how they work to improve Crohn's disease by balancing the Th17 and Treg Cells within the intestinal mucosa. The study was conducted in China at a few different accredited universities and hospitals.

Very promising results were found from the study. The study showed that moxibustion and acupuncture do indeed reduce the amount of Th17 cells present, in turn they also increase the number of Treg cells. What this means is that acupuncture and moxibustion are viable solutions to the problem of intestinal inflammation.

Most patients who experience Crohn's disease have to put up with the bothersome problem of intestinal inflammation, it is beneficial to know there is a link between acupuncture and the successful relieving of this issue.

By pinpointing and restoring the balance between Th17 and Treg cells, acupuncture and moxibustion allow intestinal inflammation to heal properly and efficiently.

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