

# Young Living Massage Oils



## Product Summary

Young Living's luxurious line of massage oils is made up of six Young Living Therapeutic Grade™ (YLTG) blends, each offering physical and emotional benefits when accompanied by personal or professional massage. The V-6™ Enhanced Vegetable Oil Complex is also part of Young Living's massage oil line, and is available in an 8-ounce or 32-ounce refill bottle.

## Product Story

### Cel-Lite™ Magic Massage Oil

Cel-Lite Magic Massage Oil combines the health-enhancing benefits of specially selected vegetable oils with vitamin E and YLTG essential oils to nourish and tone skin. We add grapefruit essential oil to benefit skin texture and juniper essential oil to help detoxify and cleanse skin.

Essential Oils: *grapefruit, cedarwood, clary sage, cypress, juniper.*

### Dragon Time™ Massage Oil

Dragon Time Massage Oil uses powerful essential oils that have been researched in Europe for their balancing effects with pure vegetable oils. The result is a soothing, stabilizing massage blend that helps calm and

uplift women during challenging times of the month. In addition to massage, you can put 1/2 ounce in the bathtub for a refreshing bath. Essential Oils: *lavender, sage, yarrow, fennel, ylang ylang, jasmine, clary sage*

### Ortho Ease® Massage Oil

Ortho Ease Massage Oil soothes and warms tired and stressed bodies, helping to combat the damaging effects of everyday activities. With a calming blend of YLTG essential oils, Ortho Ease will leave you feeling relaxed and refreshed.

Essential Oils: *wintergreen, Eucalyptus globulus, thyme, juniper, lemongrass, Eucalyptus radiata, peppermint, marjoram, vetiver*

### Ortho Sport® Massage Oil

A stronger version of Ortho Ease, Ortho Sport Massage Oil is designed for both professional and amateur athletes, as well as anyone who works or plays hard. Ortho Sport Massage Oil has a higher phenol content, which has been used traditionally to produce a warming sensation and provide relief to tired muscles. Essential Oils: *wintergreen, Eucalyptus globulus, lemongrass, peppermint, elemi, thyme, oregano, vetiver*

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## Relaxation™ Massage Oil

Relaxation Massage Oil can help create a state of relaxation and restore vitality to body, mind, and spirit.

Essential Oils: *tangerine, peppermint, rosewood, lavender, spearmint, ylang ylang*.

## Sensation™ Massage Oil

Sensation Massage Oil leaves skin feeling smooth, silky, and youthful. The beautiful fragrance of Sensation may stimulate feelings of romance.

Essential Oils: *rosewood, ylang ylang, jasmine*

## V-6 Enhanced Vegetable Oil Complex

V-6 Enhanced Vegetable Oil Complex is used to dilute certain essential oils and can be mixed to create custom blends, formulas, and massage oils. This oil complex nourishes the skin, has a long shelf life, doesn't clog pores, and will not stain clothes. V-6 is offered in both 8-ounce and 32-ounce refill bottles.

## Primary Benefit

When combined with the proper essential oils, massage therapy can be a powerful boost to any health regimen. Use Young Living's exclusive essential oil massage blends to pamper yourself, rejuvenate body and mind, or help the healing process through therapeutic touch.

Many diseases originate with people's inability to cope with stress. While stress is a normal part of life in this fast-paced world, massage can help manage stress. Those who receive frequent therapeutic massages can experience an aligned perspective and clarity of thought.

## How To Use

- + Drop a quarter-sized amount of oil into the palm of your hands. Rub your palms together and apply to skin as needed.
- + If using at home, create a warm, quiet, relaxed environment.
- + Use a firm comfortable surface such as a bed, massage table, or floor mat.
- + If doing a foot massage, have the person receiving the massage recline against a large pillow (on a sofa or bed) to fully relax the entire body.
- + Choose soothing music to help you relax during the massage.

## Did you Know?

- + Ortho Ease and V-6 are part of the Raindrop Technique®.
- + While visiting the Native American Lokota tribe in South Dakota, Gary Young learned of the benefits of "inhaling" energy. Gary applied this practice to essential oils and his knowledge of Vita Flex points on the feet and fingers.
- + The Raindrop Technique has helped thousands with relaxation and emotional release