



CURRICULUM VITAE

Bishara Wilson, L.Ac., MSTOM, C.SMA

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www.NewYorkSportsAcupuncture.com

Dr. Bishara Wilson, DACM, L.Ac., C.SMA. is a Pain Relief and Sports Medicine Specialist. He integrates Western diagnostics and Eastern Medicine therapeutics. He has refined his skills in over 18 years of clinical experience, treating over 3,000 patients and administering over 20,000 treatments. Bishara uses a non-pharmaceutical and non-surgical approach to eliminate pain.

Objective

To use of Sports Medicine Acupuncture and Traditional Eastern Medicine therapies as relief and as a means of recovery from pain and injuries due to accident, overuse and trauma to the musculoskeletal system.

To decelerate the degeneration of muscles, joints and tendons that occurs with aging, and increase athletic performance and physical activity of professional and amateur athletes using Acupuncture and Traditional Oriental Medicine.

To promote Acupuncture and Traditional Oriental Medicine as a Complementary and Integrative Medicine system.

Mission

To use Traditional Eastern Medicine and evidence based research to discover the root cause of pain and empower patients to be active in their wellness and achieve immediate results.

Vision

Our vision is to be the premier Integrative Sports Medicine clinic in New York. Our patients will all understand how to make the best decisions that promotes optimal health and will also be health ambassadors. Our ultimate goal is to have a healer in every household.

Education

Wesleyan University, Middletown, CT	1998
Bachelor of Arts in African-American Studies	
Pacific College of Oriental Medicine, New York, NY	
Doctor of Acupuncture and Chinese Medicine	2018
Bachelor of Professional Studies	
Master of Science in Traditional Oriental Medicine	2002
New England School of Acupuncture-AcuSport Seminar Series, Newton, MA	2012
Sports Medicine Acupuncture Certification	

Licenses and Credentials

New York State Licensed Acupuncturist- #02441	2003
Diplomat of Traditional Oriental Medicine- includes Acupuncture, Chinese Herbology and Asian Bodywork Therapy (National Commission for Certification in Acupuncture and Oriental Medicine)	
Certified Sports Medicine Acupuncture Specialist (AcuSport Seminar Series)	
Clean Needle Technique (Council of Colleges of Acupuncture and Oriental Medicine)	
CPR and ALS	
Acupuncture Detoxification Specialist	

Professional Practice of Acupuncture and Traditional Oriental Medicine

New York Sports Acupuncture, P.C., NY, NY (current)- Owner

Wilson Medical Group, Mt. Vernon, NY

Viking Medical Group, Bronx, NY

Essex Acupuncture, P.C., Bronx, NY

Life Rx Wellness Center, NY, NY

True Control Fitness, NY, NY

Sankofa Center for Health and Healing, Brooklyn, NY

Africana Center for Health and Healing, Brooklyn, NY

Other Professional Experience

Manifest Enterprises- Owner

Young Living Essential Oils- Business Associate

Tag Team Marketing- Business Associate

Traverus Travel- Business Associate

Continuing Education

30-50 Fundamental Formulas Needed in Daily Practice	2005
Treatment of Traumatic Injury with Externally Applied Herbs	2005
Single Point Acupuncture and Moxibustion	2005
Psychospiritual Acupuncture and Holistic Psychiatry	2005
Practicing Good Business: Building a Thriving Practice	2006
Transformation: Spirit in Healing	2006
Chinese Herbal Medicine for Endometriosis	2006
TCM and Metabolic Syndrome	2006
Five-Element Consciousness: Ancient wisdom for whole person healing	2006
Circulatory Massage	2006
Kinesiology	2006
The Safety and Quality Concern of Herbal Products	2007
General Strategy of Intake, TCM Diagnosis and Treatment Plan	2007

How to Use Chinese Herbs and Acupuncture to Help Hepatitis and IBS patients	2007
Integration of Traditional Chinese Medicine into Cancer Patient Care	2007
Acupuncture Needle Techniques and Herbal Medicine	2007
Effective Insurance Billing for Acupuncturists	2008
Anatomy/Palpation/Cadaver Lab: The Spine	2011
Huatuojiaji Points: Vertebral Fixations and Facilitated Segments	2011
Anatomy/Palpation/Cadaver Lab: The Neck, Shoulder and Upper Extremity	2011
Tuina and Integrative Manual Therapy (TIMT)	2011
Assessment & Treatment of Neck, Shoulder & Upper Extremity Injuries	2011
Postural Assessment and Corrective Exercise (PACE) I	2011
Anatomy/Palpation/Cadaver Lab: The Low Back and Hip	2011
Tuina and Integrative Manual Therapy (TIMT)	2011
Assessment and Treatment of Low Back and Hip Injuries	2011
Postural Assessment and Corrective Exercise (PACE) II	2011
Anatomy/Palpation/Cadaver Lab: The Lower Extremity	2012
Tuina and Integrative Manual Therapy (TIMT) of the Lower Extremity	2012
Assessment & Treatment of Lower Extremity Injuries	2012
Clinically Relevant Herb-Drug Interactions	2015
Neural Basis of Mind-Body Medicine	2015
International Perspectives on Acupuncture Research	2015
Improving Athletic Performance Part 1 & 2	2016
Nine Safety Tips for Acupuncturists	2016
Neuropuncture: Treating Bi-Syndrome and Pain	2017
Neuropuncture: Treating Lumbar Spine and Knee Conditions	2017
All Diseases Become Autoimmune: Preventing and Reversing the Autoimmune Process	2017
Neuropuncture: Cervical, Head and Facial Conditions	2018
Neuropuncture: Advanced Electrical Acupuncture	2018
<u>Societies and Memberships</u>	
Acupuncture Society of New York	
New York Acupuncture Coalition	
National Commission for Certification of Acupuncture and Oriental Medicine	

Publications

A Short Guide to Good Health and Well Being for African-Americans- self published

The Ancient Way Newsletter- quarterly newsletter

Media

Mind, Body and Soul Food- Brooklyn Cable Access Television Show

2004