

Acupuncture Research Update

"The art of medicine consists in amusing the patient while nature cures the disease." - Voltaire

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Studies Show Acupuncture Can Increase Immune Function



Acupuncture has been shown to strengthen the immune system by targeting meridian systems that return the body back to its natural flow and strengthen organ function. Researchers at the Complutense University of Madrid, Spain concluded that acupuncture treatment improved immune function in anxious women. Because emotional disturbances lead to immune impairment, acupuncture for the treatment of anxiety led to increase immune system function. The study found that increases in immune function were found in patients 72 hours after the first acupuncture treatment and one month

after a year of sessions had been completed. If you or someone you know has a weakened immune system and wants to return to better health, refer them to an acupuncturist for safe, alternative treatment.

Sources:

<http://www.ncbi.nlm.nih.gov/pubmed/17265549>