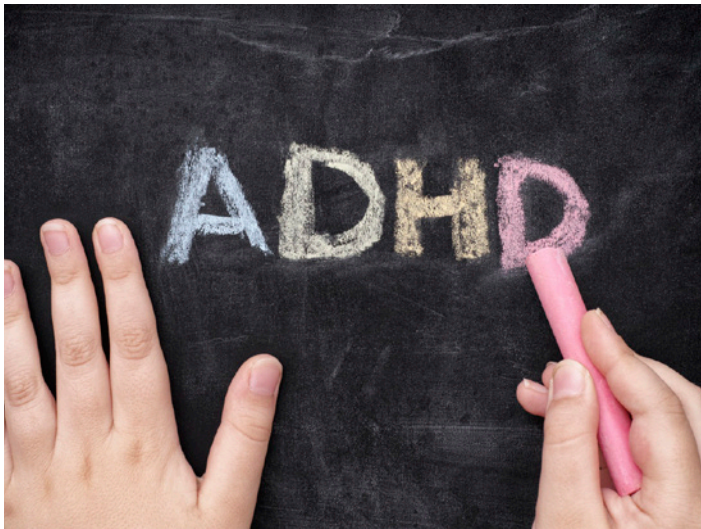


ADHD Symptoms in Children



In a study published by Psychiatry Online, researchers found that it is beneficial to treat children who have attention-deficit/hyperactivity disorder (ADHD) with alternative medicine, one of the methods being acupuncture. According to the study, other methods known to treat ADHD among kids include herbal regimens, homeopathy, massage and biofeedback. The study states that although scientific evidence behind nontraditional treatments is lacking, this is purely due to the fact that these methods of treatment are not utilized as much as medications. Medications such as Adderall, Dexedrine, Vyvanse and Evekeo are used heavily to treat ADHD in children,

and normally alternative methods of treatment are ignored. But, it may be best to try forms of alternative medicine such as acupuncture to treat ADHD, instead of prescribing different forms of amphetamines to your children. The study emphasizes further research and study should be conducted on the topic, and ongoing research in the field could change how ADHD is treated globally.

"Parent education should not only address the evidence base of traditional therapies but also make reference to commonly selected nontraditional methods and comment on the limitations of the Internet as an information source."

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